





Eat2beNICE

Effects of Nutrition and Lifestyle on Impulsive, Compulsive, and Externalizing Behaviours

H2020 - 728018

D 4.2– Go online of public project website; Eat2beNICE website internal part online

Dissemination level	Public		
Contractual date of delivery	31.12.2017		
Actual date of delivery	06.08.2018		
Туре	Report		
Version	2		
Workpackage	WP4 – Public health aspects, policy recommendations		
	and dissemination		
Workpackage leader	Prof. Stephen Faraone, UiB		

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This report reflects only the author's views and the Commission is not responsible for any use that may be made of the information it contains.

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Author list

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Executive Summary

LID Editorial created the public website http://eat2benice.eu/. Translation will be organized with the help of all Eat2beNICE colleagues.

Eat2beNICE has also a password protected area (logins distributed to all partners), which is available to all Eat2beNICE colleagues. It serves as a central storage for Eat2beNICE reference documents where confidential files can be exchanged safely. Moreover, it includes a progress monitoring tool with a reminder and notification function. In addition, it contains a directory of all Eat2beNICE colleagues to facilitate easy communication across the project.

At http://newbrainnutrition.com we organize social media and training. This website has several subpages for which the partners provide content.

<u>Deliverable report – Public part</u>

Go online of public project website was in July 2018.

The funding sentence and EU emblem can be found at each page.

We provide here general information about the project, the organizational structure (work packages), our different committees and the partners in our consortium.

Eat2beNICE website public area



Work Packages (WP)

The Eat2BeNice project funded by the EU is professionally organized into 10 different work groups, called Work Packages (WP). The following table is a brief description of how we are organized and what each work group is responsible for, from existing data research, to clinical trials, to dissemination of results, public policy implications, and ethics requirements and training. We are staffed by highly experienced professionals, researchers, PhDs, MDs to bring this project to fruition by 2022.

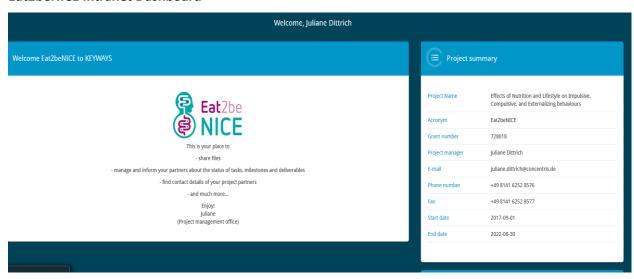
Work Package	Task
WP1	Exploiting existing epidemiologic data sets to generate new knowledge on the effect of nutrition on impulsive, compulsive and aggressive/antisocial behaviour (Leader: UMG / Catharina Hartman)
WP2	Nutritional interventions (Leader: KARAKTER / Nanda Rommelse)
WP3	Effects of physical activity and exercise in interaction with diet (Leader: GUF / Andreas Reif)
WP4	Public health aspects, policy recommendations, and dissemination (Leader: UiB / Jan Haavik)
WP5	Intestinal microbiota as a mechanistic link between nutrition/ lifestyle and impulsivity and compulsivity (Leader: RUMC / Alejandro Arias Vasquez)
WP6	Effects of nutrition, lifestyle, and microbiota on the brain (Leader: RUMC / Jan Buitelaar)
WP7	Epigenetic modification profiles for impulsivity and compulsivity (Leader: UKW / Klaus Peter Lesch)
WP8	Ethics and Training (Leader: RUMC / Barbara Franke)
WP9	Project management and implementation (Leader: RUMC / Alejandro Arias Vasquez)
WP10	Ethics requirements (Leader: RUMC / Barbara Franke)

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<u>Deliverable report – Internal part</u>

The internal part of the website is dedicated to the Eat2beNICE project management: General information is available here, contractual documents can be uploaded and a monitoring system for all work packages was installed. All partners received a password after the Kick-off Meeting in September. The internal part was online in December 2017.

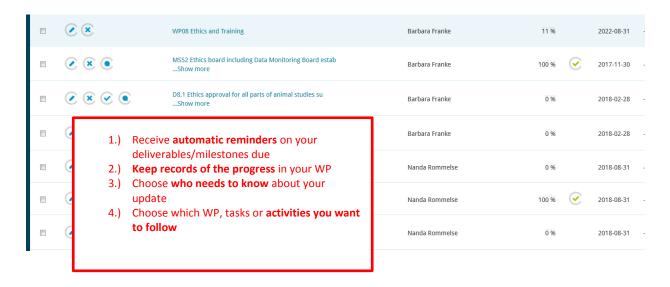
Eat2beNICE Intranet Dashboard



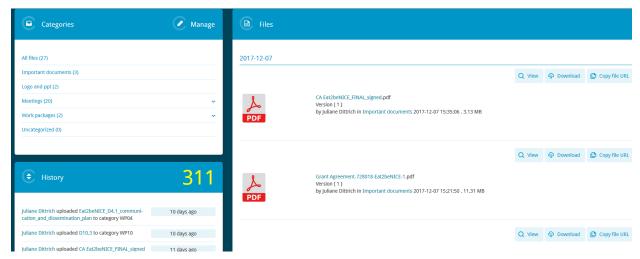
Eat2beNICE Tasks: Monitoring the progress

Action	Title	Leader	Progress	Status	Deadline	Comment
€ ×	WPO1 Exploiting existing epidemiologic data sets to generate new knowledge on the effect of nutrition on impulsive, compulsive and aggressive/antisocial behaviour	Catharina Hartman	0 %		2021-02-28	-
⊗ ⊗	WP02 Nutritional Interventions	Nanda Rommelse	0 %		2022-08-31	-
⊗ x	WP03 Effects of physical activity and exercise in interaction with diet	Prof. Andreas Reif	0 %		2022-08-31	-
⊗ ⊗	WP04 Public health aspects, policy recommendations, and dissemination	Stephen Faraone	37 %		2022-08-31	
⊗ ⊗	WP05 Intestinal microbiota as a mechanistic link between nutrition/lifestyle and impulsivity and compulsivity	Alejandro Vasquez	0 %		2022-08-31	
⊗ ⊗	WP06 Effects of nutrition, lifestyle, and microbiota on the brain	Jan Buitelaar	0 %		2022-08-31	-
⊗ ⊗	WP07 Epigenetic modification profiles for impulsivity and compulsivity	Klaus-Peter Lesch	0 %		2022-08-31	-
⊗ ⊗	WP08 Ethics and Training	Barbara Franke	11 %		2022-08-31	-
⊗ ⊗	WP09 Project management and implementation	Alejandro Vasquez	15 %		2022-08-31	
⊗ x	WP10 Ethics requirements	Alejandro Vasquez	33 %		2022-08-31	-

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Eat2beNICE Files: central storage for reference documents



Deliverable report – dissemination part

Go online of this website http://newbrainnutrition.com was in December 2017.

The funding sentence and EU emblem can be found at each page. Dissemination activities and training will be presented.

Next steps for http://newbrainnutrition.com

- We are arranging continuing education credits for healthcare professionals, so that when they
 take our online courses, they can receive credits for their time spent. This will be incentive for
 professionals to register for and take our training. All professional education will comply with
 European CME standards.
- We have prepared automated social media posting software, and begin posting on our social media in January 2018. We will also be supplying social post content to our eighteen partners so that they can begin posting on their social media accounts.
- We will be promoting our website publicly, creating buzz and traffic for our website, via press
 releases, weekly social media posts, optimizing the website for keyword search in Google, and
 creating and promoting YouTube videos on our channel.

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