



# Eat2beNICE

Effects of Nutrition and Lifestyle on Impulsive, Compulsive, and Externalizing Behaviours

H2020 - 728018

**D 4.2– Go online of public project website; Eat2beNICE website internal part online**

<b>Dissemination level</b>	Public
<b>Contractual date of delivery</b>	31.12.2017
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<b>Workpackage</b>	WP4 – Public health aspects, policy recommendations and dissemination
<b>Workpackage leader</b>	Prof. Stephen Faraone, UiB

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This report reflects only the author’s views and the Commission is not responsible for any use that may be made of the information it contains.

## Author list

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## Executive Summary

LID Editorial created the public website <http://eat2benice.eu/>. Translation will be organized with the help of all Eat2beNICE colleagues.

Eat2beNICE has also a password protected area (logins distributed to all partners), which is available to all Eat2beNICE colleagues. It serves as a central storage for Eat2beNICE reference documents where confidential files can be exchanged safely. Moreover, it includes a progress monitoring tool with a reminder and notification function. In addition, it contains a directory of all Eat2beNICE colleagues to facilitate easy communication across the project.

At <http://newbrainnutrition.com> we organize social media and training. This website has several subpages for which the partners provide content.

## Deliverable report – Public part

Go online of public project website was in July 2018.

The funding sentence and EU emblem can be found at each page.

We provide here general information about the project, the organizational structure (work packages), our different committees and the partners in our consortium.

## Eat2beNICE website public area

### Organization

#### Work Packages (WP)

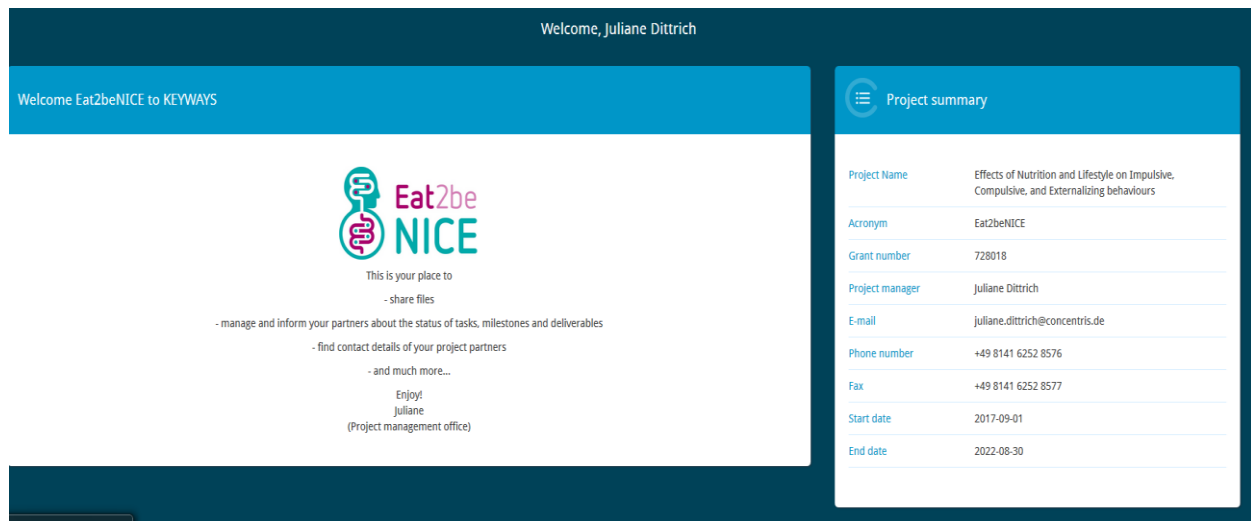
The Eat2BeNice project funded by the EU is professionally organized into 10 different work groups, called Work Packages (WP). The following table is a brief description of how we are organized and what each work group is responsible for, from existing data research, to clinical trials, to dissemination of results, public policy implications, and ethics requirements and training. We are staffed by highly experienced professionals, researchers, PhDs, MDs to bring this project to fruition by 2022.

Work Package	Task
WP1	Exploiting existing epidemiologic data sets to generate new knowledge on the effect of nutrition on impulsive, compulsive and aggressive/antisocial behaviour (Leader: UMG / Catharina Hartman)
WP2	Nutritional interventions (Leader: KARAKTER / Nanda Rommelse)
WP3	Effects of physical activity and exercise in interaction with diet (Leader: GUF / Andreas Reif)
WP4	Public health aspects, policy recommendations, and dissemination (Leader: UIB / Jan Haavik)
WP5	Intestinal microbiota as a mechanistic link between nutrition/ lifestyle and impulsivity and compulsivity (Leader: RUMC / Alejandro Arias Vasquez)
WP6	Effects of nutrition, lifestyle, and microbiota on the brain (Leader: RUMC / Jan Buitelaar)
WP7	Epigenetic modification profiles for impulsivity and compulsivity (Leader: UKW / Klaus Peter Lesch)
WP8	Ethics and Training (Leader: RUMC / Barbara Franke)
WP9	Project management and implementation (Leader: RUMC / Alejandro Arias Vasquez)
WP10	Ethics requirements (Leader: RUMC / Barbara Franke)


## Deliverable report – Internal part

The internal part of the website is dedicated to the Eat2beNICE project management: General information is available here, contractual documents can be uploaded and a monitoring system for all work packages was installed. All partners received a password after the Kick-off Meeting in September. The internal part was online in December 2017.

### Eat2beNICE Intranet Dashboard



### Eat2beNICE Tasks: Monitoring the progress

Action	Title	Leader	Progress	Status	Deadline	Comment
<input type="checkbox"/>  	WP01 Exploiting existing epidemiologic data sets to generate new knowledge on the effect of nutrition on impulsive, compulsive and aggressive/antisocial behaviour	Catharina Hartman	0 %		2021-02-28	-
<input type="checkbox"/>  	WP02 Nutritional interventions	Nanda Rommelse	0 %		2022-08-31	-
<input type="checkbox"/>  	WP03 Effects of physical activity and exercise in interaction with diet	Prof. Andreas Reif	0 %		2022-08-31	-
<input type="checkbox"/>  	WP04 Public health aspects, policy recommendations, and dissemination	Stephen Faraone	37 %		2022-08-31	-
<input type="checkbox"/>  	WP05 Intestinal microbiota as a mechanistic link between nutrition/lifestyle and impulsivity and compulsivity	Alejandro Vasquez	0 %		2022-08-31	-
<input type="checkbox"/>  	WP06 Effects of nutrition, lifestyle, and microbiota on the brain	Jan Buitelaar	0 %		2022-08-31	-
<input type="checkbox"/>  	WP07 Epigenetic modification profiles for impulsivity and compulsivity	Klaus-Peter Lesch	0 %		2022-08-31	-
<input type="checkbox"/>  	WP08 Ethics and Training	Barbara Franke	11 %		2022-08-31	-
<input type="checkbox"/>  	WP09 Project management and implementation	Alejandro Vasquez	15 %		2022-08-31	-
<input type="checkbox"/>  	WP10 Ethics requirements	Alejandro Vasquez	33 %		2022-08-31	-

WP08 Ethics and Training	Barbara Franke	11 %	2022-08-31
M552 Ethics board including Data Monitoring Board estab ...Show more	Barbara Franke	100 %	2017-11-30
D8.1 Ethics approval for all parts of animal studies su ...Show more	Barbara Franke	0 %	2018-02-28
	Barbara Franke	0 %	2018-02-28
	Nanda Rommelse	0 %	2018-08-31
	Nanda Rommelse	100 %	2018-08-31
	Nanda Rommelse	0 %	2018-08-31

- 1.) Receive **automatic reminders** on your deliverables/milestones due
- 2.) **Keep records of the progress** in your WP
- 3.) Choose **who needs to know** about your update
- 4.) Choose which **WP, tasks or activities you want to follow**

### Eat2beNICE Files: central storage for reference documents

Categories

Manage

All files (27)

Important documents (3)

Logo and ppt (2)

Meetings (20)

Work packages (2)

Uncategorized (0)

History

311

Juliane Dittrich uploaded Eat2beNICE\_D4.1\_communi-  
cation\_and\_dissemination\_plan to category WP04 10 days ago

Juliane Dittrich uploaded D10.3 to category WP10 10 days ago

Juliane Dittrich uploaded CA Eat2beNICE\_FINAL\_signed 11 days ago

Files

2017-12-07

View Download Copy file URL

CA Eat2beNICE\_FINAL\_signed.pdf  
Version [ 1 ]  
by Juliane Dittrich in Important documents 2017-12-07 15:35:06 . 3.13 MB

View Download Copy file URL

Grant Agreement-728018-Eat2beNICE-1.pdf  
Version [ 1 ]  
by Juliane Dittrich in Important documents 2017-12-07 15:21:50 . 11.31 MB

View Download Copy file URL

### Deliverable report – dissemination part

Go online of this website <http://newbrainnutrition.com> was in December 2017.

The funding sentence and EU emblem can be found at each page. Dissemination activities and training will be presented.

Next steps for <http://newbrainnutrition.com>

- We are arranging continuing education credits for healthcare professionals, so that when they take our online courses, they can receive credits for their time spent. This will be incentive for professionals to register for and take our training. All professional education will comply with European CME standards.
- We have prepared automated social media posting software, and begin posting on our social media in January 2018. We will also be supplying social post content to our eighteen partners so that they can begin posting on their social media accounts.
- We will be promoting our website publicly, creating buzz and traffic for our website, via press releases, weekly social media posts, optimizing the website for keyword search in Google, and creating and promoting YouTube videos on our channel.